

Directions to Frank Jost Field, South Plainfield

- Take Raritan Road from the south side of Scotch Plains towards Edison and South Plainfield.
- When you get into South Plainfield, Raritan Road will change names to Maple Ave.
- A good landmark to look for as you are on your way will be an Eckerd Drug store.
- You will be looking for Cady Lane and the South Plainfield Police Athletic League (PAL) building on the left side of Maple Ave.
- Turn left onto Cady Lane.
- The track will be straight ahead.
- There are two small parking lots near the track if you arrive early enough. Otherwise, there is on-street parking in the neighborhood and parking at an elementary school close to the track (a policeman will likely be there to direct you).